



NORTH CAROLINA AAU REGION 5 NATIONAL QUALIFIER

Multi Events/Track & Field

University of North Carolina-Charlotte

9201 University City Blvd
Charlotte, NC 28223

June 30-July 3, 2011

MEET HOST: GASTONIA EAGLES TRACK & FIELD TEAM, INC.

MEET DIRECTOR: Freddie Crawford / 704-231-2118 / freddiese@att.net

ELIGIBILITY REQUIREMENTS: Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership fee is not included in the AAU area 5 National Qualifier entry fee and must be obtained prior to participation in this meet.

EVENT LIMITS: There is a three (3) event maximum for the Primary, Sub Bantam, Bantam, Sub Midget and midget divisions. Sub youth, Youth, Intermediate, Young Women and Young Men divisions may participate in a maximum of 4 events.

*Maximum includes relay and field events

*Relay team members must be declared with alternates

*All relay team members must be affiliated with one team.

ENTRY FEE: An entry fee off \$25.00 per athlete for track & Field and a separate fee of \$25.00 per athletes for multi event competitors.

REGISTRATION: www.coacho.com – Deadline to enter for Multi Competition and Track & Field Competition is June 26, 2011 12 Midnight.

*No Entry fee will be transferred or refunded.

*There will be not entries or changes after 12 midnight on June 26, 2011

LODGING: Visit www.ncauathletics.org for hotel information.

AWARDS: Medals will be given to the top 3 place finishers in each event. Ribbons will be given to the 4th thru 8th place.

ADVANCEMENT: The top 5 finishers in each track & field events and to 4 in multi events will advance to the Junior Olympic Games in New Orleans, LA.

AAU JUNIOR OLYMPIC GAMES DECLARATION & REGISTRATION: Qualifiers for the 2011 AAU Junior Olympics games in New Orleans, LA (July 30th- August 6th) must declare and register for the meet online through www.aauathletics.org before July 20th, 2011 at 11:59pm EST. No entries will be accepted after the 11:59 PM EST (9:00PST West coast). So do not jeopardize your athletes chance to compete by not completing this step before the AAU junior Olympics Games registration deadline.

PARKING: Parking for teams and spectators will in UNCC parking decks, and parking lot between the decks. No parking on grass, sidewalks or at tennis courts. Buses will be directed to bus parking lot.

ADMISSION: \$5.00 (6 & under free)

COACHES ADMISSION: Coaches are admitted on showing their 2011 AAU Membership Card.

PACKAGE PICK UP: UNC Charlotte Track Meeting Room

DATES:
Wednesday June 29 Package pickup multi events 4pm to 8pm
Thursday June 30 Package Pickup multi events 9am to 4pm
Friday July 1 Package Pickup Multi Event/Track & Field 9am to 8pm
Saturday July 2 Package Pickup Track & Field 7am to 4pm
Sunday July 3 Package Pickup Track & Field 7am to 12pm

SCHEDULE Schedule is tentative it may change depending on the number of athletes that enters this meet. Events may run up to and hour ahead of schedule. Please listen for events being called. Age groups of like gender may be combined in distance races/walks which have minimal participation.

PROOF OF AGE: Proof of age may be required at District, National Qualifier and National Championship events and must be provided whenever required and or challenged. These are the acceptable forms of verification; original birth certificates, notarized original birth certificate, US military Government ID card, valid passport (not expired) and a valid US driver's license.

COACHED EDUCATION: The AAU National Office is happy to announce to its members FREE coaches Education for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

ATHLETE CHECK-IN: It is the responsibility of track athletes to hear call of their event and report to the Clerk of the Course. Field event athletes should report directly to field event venue.

THROWING IMPLEMENTS: Competitors should bring their own implements to be used at this Meet. All implements must be checked prior to competition. Implement check-in will occur in the UNCC equipment. All implements once verified are impounded and will not be released by to athlete until that competition has been completed.

PROTESTS: Protest relating to meet matters must be made in writing stating the rule questioned in the USATF rule book Referee at once. All protest must be made within 30 minutes after results are posted to be considered. Protest in writing must be accompanied with a \$50.00 cash protest fee. The Referee shall consider all available official evidence. Once Referee renders his/her decision, protester may request and appeal to the Jury of Appeals. The Jury's decision is final. If protest is denied, cash deposit will be forfeited. The referee and or Jury of Appeals will not accept protest concerning

JUDGEMENT CALLS.

SAUNCTION

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

**2011 AAU NORTH CAROLINA (REGION 5) NATIONAL QUALIFIER
MULTI-EVENTS/TRACK & FIELD MEET SCHEDULE**

FINAL MEET SCHEDULE WILL BE POSTED AFTER ENTRIES CLOSE ON JUNE 26, 2011

THURSDAY, JUNE 30, 2011

<u>TIME</u>	<u>EVENT/AGE GROUP</u>		<u>RACE</u>
1:00 PM	DECATHLON TRIATHLON	IB (DAY 1) SBB, BB (FINALS)	100M, LJ, SP, HJ, 400M HJ, SP, 400M
1:30 PM	DECATHLON TRIATHLON	YM (DAY 1) SBG, BG (FINALS)	100M, LJ, SP, HJ, 400M HJ, SP, 200M
1:00 PM	HEPTATHLON	IG (DAY 1)	100M H, HJ, SP, 200M
1:30 PM	HEPTATHLON	YW (DAY 1)	100M H, HJ, SP, 200M

FRIDAY, JULY 1, 2011

<u>TIME</u>	<u>EVENT/AGE GROUP</u>		<u>RACE</u>
1:00 PM	DECATHLON HEPTATHLON	IB (DAY 2) IG (DAY 2)	110M H, DT, PV, JAV, 1500M LJ, JAV, 800M
1:30 PM	DECATHLON HEPTATHLON	YM (DAY 2) YW (DAY 2)	110M H, DT, PV, JAV, 1500M LJ, JAV, 800M
1:00 PM	PENTATHLON	SYG/YG (FINALS)	100M H, LJ, SP, HJ, 800M
1:15 PM	PENTATHLON	SMG/MG (FINALS)	80M H, HJ, SP, LJ, 800M
1:30 PM	PENTATHLON	SYB/YB (FINALS)	100M H, LJ, SP, HJ, 1500M
1:45 PM	PENTATHLON	SMB/MB (FINALS)	80M H, HJ, SP, LJ, 1500M

*** ALL EVENTS WILL BE CONTESTED APPROXIMATELY 30 MINUTES AFTER THE PRECEDING EVENT IS COMPLETED. THE 30 MINUTE REST PERIODS WILL INCLUDE REST, FOOD, MEASURING STEPS, AND WARM-UP.**

*** ATHLETES COMPETING IN BOTH MULT-EVENT COMPETITION AND TRACK & FIELD COMPETITION WILL BE ISSUED ONLY ONE RACE NUMBER FOR BOTH COMPETITIONS.**

12:00 PM	1500M RACE WALK (SBG, SBB, BG, BB, SMG, SMB, MG, MB)	FINALS
	3000M RACE WALK SYG, SYB, YG, YB, IG, IB, YW, YM)	FINALS
3:00 PM	2000M STEEPLECHASE (IG, IB, YW, YM)	FINALS
4:00 PM	4 X 800M RELAY (MG, MB, YG, YB, IG, IB, YW, YM)	FINALS

SATURDAY, JULY 2, 2011

<u>TIME</u>	<u>EVENT/AGE GROUP</u>	<u>RACE</u>
8:00 AM	3000M RUN (SMG,SMB,MB,MB,SYG,SYB,YG,YG,IG,IB,YW,YM)	FINALS
	200M DASH (ALL DIVISIONS)	TRIALS
	800M RUN (ALL DIVISIONS)	FINALS
	80M HURDLES (SMB, SMB, MB, MB)	TRIALS
	100M HURDLES (SYB, YG, SYB, YB, IG, YW)	
	110M HURDLES (IB, YM)	
	100M DASH (ALL DIVISIONS)	TRIALS
	200M HURDLES (SYG, SYB, YG, YB)	TRIALS
	400M HURDLES (IG, YW, IB, YM)	
	400M DASH (ALL DIVISIONS)	TRIALS
	4 X 100M RELAY (ALL DIVISIONS)	TRIALS

FIELD EVENTS

TIME	EVENT	AGE	TIME	EVENT	AGE
8:00 AM	HIGH JUMP	SMG/MG		HIGH JUMP	SYG/YG
	LONG JUMP	PG/PB		LONG JUMP	SYB/YB
	TRIPLE JUMP	SYG/YG		SHOT PUT	SMG/MG
	SHOT PUT	IG/YW		JAVELIN	IB/YM
	DISCUS	IB/YM		POLE VAUL	IG/YW
	HIGH JUMP	IG/YW		HIGH JUMP	SBG/BG
	LONG JUMP	SBG/BG		LONG JUMP	IB/YM
	SHOT PUT	SBB/BB		SHOT PUT	SMB/MB
	DISCUS	SMB/MB		JAVELIN	SYG/YG
				POLE VAULT	IB/YM
	HIGH JUMP	SBB/BB		LONG JUMP	SBB/BB/SYG/YG
	LONG JUMP	SMB/MB		JAVELIN	SYB/YB
	DISCUS	SYB/YB		POLE VAULT	SYB/YB
				POLE VAULT	SYB/YG

SUNDAY, JULY 3, 2011

<u>TIME</u>	<u>EVENT/AGE GROUP</u>	<u>RACE</u>
9:00 AM	1500M RUN (ALL DIVISIONS EXCEPT PRIMARY)	FINALS
	200M DASH (ALL DIVISIONS)	FINALS
	80M HURDLES (SMB, SMB, MB, MB)	FINALS
	100M HURDLES (SYB, YG, SYB, YB, IG, YW)	FINALS
	110M HURDLES (IB, YM)	FINALS
	4 X 100M RELAY (ALL DIVISIONS)	FINALS
	400M DASH (ALL DIVISIONS)	FINALS
	100M DASH (ALL DIVISIONS)	FINALS
	200M HURDLES (SYG, SYB, YG, YB)	FINALS
	400M HURDLES (IG, YW, IB, YM)	FINALS
	4 X 400M RELAY (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)	FINALS

FIELD EVENTS

TIME	EVENT	AGE	TIME	EVENT	AGE
9:00 AM	HIGH JUMP	SYB/YB		TRIPLE JUMP	SYB/YB
	DISCUS	SYG/YG		HIGH JUMP	SMB/MB
	LONG JUMP	IG/YW		SHOT PUT	IB/YM
	SHOT PUT	SYB/YB		DISCUS	SMG/MG
	LONG JUMP	SMG/MB		TRIPLE JUMP	IB/YM
	HIGH JUMP	IB/YM		JAVELIN	IG/YW
	SHOT PUT	PG/PB		SHOT PUT	SYG/YG
	DISCUS	IG/YW		TRIPLE JUMP	IG/YW

For further meet information please contact Freddie Crawford: 704-231-2118 /
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